

**ODISHA NURSES & MIDWIVES EXAMINATION BOARD**  
**FIRST YEAR SUPPLEMENTARY EXAMINATION IN**  
**ANM-2025**

**Paper-I**

**(Community Health Nursing)**

**Time -3Hrs**

**Full marks-75**

*Answer all questions.*

*Figures in the right-hand margin indicate marks*

1. a. Define counselling. [2]
- b. Write down the principles and techniques of counselling. [7]
- c. Describe how you would counsel a young lady for family planning. [6]

**OR**

- a. Define rehabilitation. [2]
  - b. Enlist the conditions that require rehabilitation. [6]
  - c. What is the role health worker female to educate an individual, a family and community about rehabilitation. [7]
- 
2. a. Define community health nursing. [2]
  - b. Describe the role of community health nurse in health promotion. [6]
  - c. State the various dimensions of health. [7]

**OR**

- a. What is health education? [2]
- b. Explain the principles of health education? [7]
- c. Describe the methods used in the health education of a community. [6]

**3. Write short notes on any three.** [5 × 3=15]

- a. Functions of panchayat
- b. Immunisation schedule
- c. Code of ethics of ANM
- d. Levels of prevention
- e. Health problems of India

**4. A. Fill in the blanks** [1×5=5]

- a. Immunisation is \_\_\_\_\_ level of prevention.
- b. One Anganwadi worker is appointed in \_\_\_\_\_ population.
- c. The chief administrator/executive officer of the municipality is \_\_\_\_\_.
- d. The vitamin available in free state in nature is \_\_\_\_\_.
- e. World AIDS day is observed on \_\_\_\_\_.

**4. B. Match the following** [1 × 10=10]

- | Column A                  | Column B                              |
|---------------------------|---------------------------------------|
| I. IEC                    | a. Two or more wife                   |
| II. Disability limitation | b. Migration                          |
| III. Bhore committee      | c. AV aid                             |
| IV. Urbanization          | d. Tertiary prevention                |
| V. Polygamy               | e. PHC                                |
| VI. Bleaching powder      | f. AIDS                               |
| VII. World health day     | g. Mid day meal                       |
| VIII. ICTC                | h. Well disinfection                  |
| IX. Nutritional program   | i. Virus transmitted by aedes aegypti |
| X. Dengue                 | j. 7 <sup>th</sup> april              |

**5. A. Write the full form of the following abbreviations.**

[1 ×10=10]

- a. EPI
- b. AYUSH
- c. CNA
- d. ASHA
- e. BCC
- f. FAO
- g. ICTC
- h. UNICEF
- i. FRU
- j. HIV

**5. B. Write true/ false**

[1 ×5=5]

- a. The head of the panchayat is a ward member.
- b. Motivation is the principle of health education.
- c. Group discussion is a one way communication.
- d. Anganwadi worker works under UNICEF scheme.
- e. The study of a disease in a population is called epidemiology.

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**ODISHA NURSES & MIDWIVES EXAMINATION BOARD**  
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**Paper-II**

**(Health Promotion)**

**Time -3Hrs**

**Full marks-75**

*Answer all questions.*

*Figures in the right-hand margin indicate marks*

1. a. what are the characteristics of safe water. [3]
- b. Enumerate the importance of safe water. [5]
- c. Describe the various small scale methods of water purification for safe drinking water [7]

**OR**

- a. Define blood. [3]
  - b. State the constituents of blood. [5]
  - c. Explain the function of blood. [7]
- 
2. a. What is respiration? [3]
  - b. Draw a labelled diagram of lungs. [5]
  - c. Describe the structure and function of lungs. [7]

**OR**

- a. What is meal planning? [3]
- b. Write the aims and principles of meal planning. [5]
- c. As a HW (F) describe how will you provide information about the various methods of cooking and meal preparation. [7]

3. Write short notes on any three. [5X 3=15]

- a. Bed sore
- b. Vitamin A
- c. ICD-10 classification of mental illness
- d. Axial skeleton
- e. Hormones

4. A. Fill in the blanks [1X5=5]

- a. Arteries carry \_\_\_\_\_ blood.
- b. Femur is a \_\_\_\_\_ bone.
- c. The richest source of Vitamin C is \_\_\_\_\_.
- d. Functional unit of kidney is \_\_\_\_\_.
- e. Pigeon chest is seen in \_\_\_\_\_ condition of children.

B. Match the following [0.5 × 10=5]

Column A

- I. Antipyretic
- II. Refuse disposal
- III. Worm infestation
- IV. Jaundice
- V. Lymph
- VI. Rodes and cones
- VII. Hand washing
- VIII. Bleaching powder
- IX. Beauty bone
- X. Ear drum

Column B

- a. Water borne diseases
- b. Anemia
- c. ympanic membrane
- d. Clavicle
- e. PCM
- f. Connective tissue
- g. Well disinfection
- h. Composting
- i. Photoreceptors
- j. Prevent cross infection

**5. A.** write the full form of the following abbreviations.

[1X10=10]

- a. ATP
- b. WBC
- c. RDA
- d. ACTH
- e. GFR
- f. ECT
- g. MVAC
- h. PCT
- i. TSH
- j. WHO

**B.** Write True/False

[1X5=5]

- a. Ecology is the study of reciprocal relationship of an individual with his environment.
- b. Mentally healthy person blames others for his mistakes.
- c. Cremator muscle and dartos muscle move the testes for temperature regulation
- d. Tocopherols are essential for reproductive health.
- e. Vitamin C is also known as calciferol.

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**ODISHA NURSES & MIDWIVES EXAMINATION BOARD**  
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**Paper-III**

**(Primary Health Care Nursing)**

**Time -3Hrs**

**Full marks-75**

*Answer all questions.*

*Figures in the right-hand margin indicate marks*

1. a. Define disease. [2]
- b. Write the various types of diseases. [6]
- c. As a HW(F), describe your role in prevention of disease and the changing concept of health and disease. [7]

**OR**

- a. Define immunity. [2]
  - b. Enlist importance and types of vaccines available for disease prevention. [5]
  - c. Explain the role and responsibilities of a HW(F) in maintenance of cold chain. [8]
2. a. Define referral. [2]
  - b. Describe how to identify the health problems of an individual. [6]
  - c. Write the role of a health worker in providing health care during home visit. [7]

**OR**

- a. What do you mean by bandage? [2]
- b. Describe the various types and importance of bandages. [6]

- c. As a HW(F), describe the principles followed during bandaging. [7]

**3. Write short notes on any three.** [5×3=15]

- a. Disinfection
- b. Diarrhoea
- c. Hypersensitivity
- d. Vital signs
- e. Foreign body

**4. A. As a HW(F), what is your role in the following situations.** [2 × 5= 10]

- a. Hematuria
- b. Snake bite
- c. Convulsions
- d. Fever
- e. Drowning

**4. B. Write the full form of the following abbreviations.** [1 × 5=5]

- a. ECG
- b. VVM
- c. ONEB
- d. DOTS
- e. AYUSH

**5. A. Fill in the blanks** [1 × 5=5]

- a. health assessment of an individual can be done by \_\_\_\_\_.
- b. Chlorination of water is done to \_\_\_\_\_.
- c. Accumulation of gas in the intestine is called \_\_\_\_\_.



- d. Not passing stool for 3 consecutive days is called \_\_\_\_\_.
- e. \_\_\_\_\_ means outbreak of disease in the community.

**5. B. Write True/ False for the following statements.[1 × 5=5]**

- a. Deficiency of oxygen in blood is called hypoxia.
- b. Nosocomial infection is also known as hospital acquired infection.
- c. One ounce is 70gms.
- d. Fowlers position is maintained for asthma.
- e. Montoux test is used to detect polio.

**5. C. Match the following [0.5 × 10=5]**

Column A	Column B
I. Malaria	a. Paracetamol
II. Fever	b. Cotrimoxazole
III. ARI	c. Chloroquine
IV. Leprosy	d. DEC
V. Filaria	e. MDT
VI. Typhoid	f. Corynebacterium diphtherie
VII. Diphtheria	g. Clostridium tetatni
VIII. Whooping cough	h. Pertussis
IX. Tetanus	i. Mycobacterium leprae
X. Leprosy	j. Salmonella typhi

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**ODISHA NURSES & MIDWIVES EXAMINATION  
BOARD SECOND YEAR SUPPLEMENTARY  
EXAMINATION IN ANM-2025**

**Paper-IV  
(Child Health Nursing)**

Time -3Hrs

Full marks-75

*Answer all questions.*

*Figures in the right-hand margin indicate marks*

1. a. Define growth and development. [3]
- b. Enumerate the factors affecting growth and development. [6]
- c. As a HW (F), describe the various methods for monitoring growth and development for optimum health in a child. [6]

**OR**

- a. Enlist the common worm infestations in a child. [3]
  - b. What are the signs and symptoms of worm infestation? [6]
  - c. As a HW (F), what are the steps you would take to manage a child with worm infestation and educate the mother for prevention of this condition. [6]
- 
2. a. What is complimentary feeding? [3]
  - b. Explain the quantity and types of complimentary food required for growth and development of a baby. [6]
  - c. As a HW (F), how will you educate the mother for responsive feeding practice. [6]

**OR**

- a. Define ARI (acute respiratory infection) [3]
- b. Enlist the signs and symptoms of ARI. [6]

c. As a HW(F) how can you manage and prevent ARI in a child. [6]

3. Write short notes on any three. [5 X3=15]

- a. Immunisation schedule
- b. Conventions of child rights
- c. Pre-marital counselling
- d. School health program
- e. Constipation

4. A. Match the following [1X10=10]

**Column A**

- a. Diphtheria
- b. Dehydration
- c. Pneumonia
- d. Pertussis
- e. SAM
- f. Play therapy
- g. Sex education
- h. Early marriage
- i. Health education
- j. Premarital counselling

**Column B**

- I. Poor development of personality.
- II. Remove misconceptions
- III. Prevention of HIV
- IV. Change in attitude
- V. Mental development
- VI. Marasmus & kwashiorkor
- VII. Loss of water
- VIII. Indrawing of chest
- IX. Paroxysm of cough
- X. Corynebacterium

**B.** Write the full form of the following abbreviations. [1X5=5]

- a. NNI
- b. AEFI
- c. MUAC
- d. PPTCT
- e. HAF

**5 A.** Fill in the blanks [1X10=10]

- a. Normal weight of a newborn child is \_\_\_\_\_.
- b. The shape of anterior Fontanella is \_\_\_\_\_.
- c. Protrusion of spinal cord is \_\_\_\_\_.
- d. One to three years of age is called \_\_\_\_\_.
- e. The birth weight of a baby triples at \_\_\_\_\_ age.
- f. Eruption of teeth starts at \_\_\_\_\_ months in a child.
- g. The secretion of prolactin hormone is highest at \_\_\_\_\_.
- h. The newborn normally sleeps for \_\_\_\_\_ hours in a day.
- i. The hormone responsible for milk ejection is \_\_\_\_\_.
- j. Low weight for height is called \_\_\_\_\_.

**B.** Write True/ False [1 X5= 5]

- a. Antibiotics are immediately given in diarrhoea.
- b. "Road to health" can identify malnutrition in children.
- c. Training for bowel and bladder should start at 1yr of age.
- d. Complementary feeding means exclusive breastfeeding up to 6months of age.
- e. Emotional and behavioural changes occur in adolescents.

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**ODISHA NURSES & MIDWIVES EXAMINATION  
BOARD SECOND YEAR SUPPLEMENTARY  
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**Paper-V  
(MIDWIFERY)**

Time -3Hrs

Full marks-75

*Answer all questions.*

*Figures in the right-hand margin indicate marks*

1. a. What do you mean by normal labour? [3]
- b. describe the stages of normal labour? [6]
- c. As a HW (F) explain the management of 3rd stage of labour. [6]

**OR**

- a. Define septic abortion. [3]
- b. Describe briefly the complications of septic abortion [6]
- c. Describe the pre- and post-operative care of case of septic abortion. [6]

2. a. What do you understand by ante natal care? [3]
- b. Describe the objectives of antenatal care. [6]
- c. As a HW (F) explain how to provide good antenatal care. [6]

**OR**

- a. Define high risk pregnancy. [3]
- b. State the cause, signs & symptoms of high risk pregnancy. [6]
- c. As a HW (F) explain the management and counselling in a case of high risk pregnancy. [6]

3. Write short notes on any three of the following. [3X5=15]

- a. kangaroo mother care
- b. placenta previa
- c. episiotomy
- d. infertility
- e. safe motherhood initiative

4. A. As a HW (F), what are your immediate roles & responsibilities while dealing with the following situations. [2X5=10]

- a. a child with malnutrition
- b. a small for date child
- c. a pregnant lady with UTI
- d. post natal mother with perineal tear
- e. a lady in labour with foetal distress.

B. Match the following

[1X10=10]

**Column A**

- a. Puerperal sepsis
- b. Eclampsia
- c. Implant
- d. Episiotomy
- e. Caesarean section
- f. Decapitation
- g. MMR
- h. MVA
- i. Kocher's forceps
- j. Contracted pelvis

**Column B**

- i. 3years
- ii. Subinvolution
- iii. Dyspareunia
- iv. Central placenta previa
- v. Anti convulsant therapy
- vi. PPH
- vii. Up to 12 weeks
- viii. Cord clamp
- ix. CPD
- x. Interlocking head of twins

5. A. write down the full forms of the following abbreviations.

[0.5X10=5]

- a. PPIUCD
- b. BTL
- c. NSV
- d. COC
- e. CCT
- f. PCPNDT
- g. ROP
- h. ART
- i. APH
- j. RVF

B. Fill in the blanks.

[1X5=5]

- a. Haemoglobin level less than \_\_\_\_\_ in pregnancy is termed as anaemia.
- b. The period from birth to 28days is called \_\_\_\_\_.
- c. \_\_\_\_\_ suture lies between two parietal bones.
- d. The normal weight of placenta is \_\_\_\_\_.
- e. \_\_\_\_\_ is the first stool of the baby.

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**ODISHA NURSES & MIDWIVES EXAMINATION  
BOARD SECOND YEAR SUPPLEMENTARY  
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**Paper-VI  
(HEALTH CENTER MANAGMENT)**

Time -3Hrs

Full marks-75

*Answer all questions.*

*Figures in the right-hand margin indicate marks*

1. a. What is a self- development? [3]
- b. Write the various methods of self-development. [6]
- c. As a HW (F) how can you interact in the community to empower them with health education. [6]

**OR**

- a. Enlist National Health Program. [5]
  - b. Write the facilities available in a subcentre to implement the national programs. [5]
  - c. As a HW (F) prepare an action plan to prevent and control vector borne diseases with community participation. [5]
2. a. Define co-ordination [5]
  - b. Explain the benefits of inter-sectoral co-ordination. [5]
  - c. As a HW (F), how will you conduct various health care activities in co-ordination with the Panchayat leaders. [5]

**OR**

- a. What do you understand by sub-centre? [2]
- b. Differentiate between records and reports at sub-centre level. [8]
- c. Write your role as HW (F) in maintaining the emergency reports and records at the sub-centre [5]



3. Write short notes on any three. [3X5=15]

- a. Functions of NGO
- b. Sub centre action plan
- c. Dengue
- d. AWW
- e. MIEs

4. A. Write the full form of the following abbreviations.

[1X5=5]

- a. NCCP
- b. UDC
- c. CDPO
- d. PPP
- e. HHND

B. Fill in the blanks. [1X10=10]

- a. Mission Indradhanush was launched in \_\_\_\_\_ year.
- b. Rubella is also known as \_\_\_\_\_.
- c. \_\_\_\_\_ is caused by niacin deficiency.
- d. Diphtheria is caused by bacteria is known as \_\_\_\_\_.
- e. Sudden onset of disease with rapid change is commonly known as \_\_\_\_\_.
- f. World TB day is held on \_\_\_\_\_ of every year.
- g. One AWW is present per \_\_\_\_\_ population.
- h. EC Resister full form is \_\_\_\_\_.
- i. Minimum of \_\_\_\_\_ numbers of antennal check-ups is essential for a pregnant woman.
- j. ANM / FHW daily activity on \_\_\_\_\_ record.

5. A. Match the following

[1X10=10]

<b>Column A</b>
a. Continuing education
b. Malaria
c. Block
d. ICDS
e. Report
f. STI
g. NGO
h. Record
i. MCH Care
j. Vital statistics

<b>Column B</b>
i. Communication of health
ii. B.D.O
iii. HIV
iv. Self-development
v. Primaquine
vi. Birth and death report
vii. Mid-day meal
viii. Home visit
ix. Group planning
x. VHND

B. Write True/False.

[1X5=5]

- a. Role play is one of the teaching methods.
- c. TB transmitted through droplet infection.
- d. Malaria is caused by a virus.
- e. Chicken-pox is not an communicable disease.

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